

Melbourne-Palm Bay Alumnae Chapter  
Delta Sigma Theta Sorority, Inc.

## CHAPLAINS CORNER NEWSLETTER

### WELCOME BACK SORORS

#### "Time" Part II

#### *Chaplain's Chat, Clara Jackson*

According to Paul we should 'make the best use of time because the days are evil. You only have so many days on earth. We each only get a certain allotment of time. We don't know how many days that is, but God does.' Ephesians 5:15-16. Therefore, we as Christians should not abuse it or waste it. **Time Matters so make it count.**

God's word advises us to use our time wisely because He knows there are many things in life that can distract us from what truly matters. Do not waste your time so that you look back with regret. "For what is your life? It is even a vapor that appears for a little time and then vanishes away". James 4:14.

I would like to share a poem with you. Dr. Benjamin E. Mays, former President of Morehouse College often recited to his students about Time.

"I have just a minute. Only sixty seconds in it. Forced upon me I can't refuse it. Didn't seek it, didn't choose it. But it is up to me to use it. I must suffer if I lose it. **Give account if I abuse it. Just a tiny little minute, but Eternity** is in it."

**Time Matters. Use it wisely.**

#### *Inspiration Station, Dr. Doreatha Fields*

There may be times when we feel overwhelmed by the many responsibilities that we have to contend with. There may be disparities, disappointments, and devastations that seem to sap our emotional, physical, and spiritual energy from us. We may feel that we lack the strength to move forward. Feelings of inadequacies and insecurity may seem to grip us. Even in our human frailties God reminds us that His grace is sufficient enough to get us through the most turbulent times in our life. In an ever-changing world, we can find comfort in holding to God's unchanging hand. **Our daily affirmation during turbulent times can be found in the sacred scripture cited in 2 Corinthians 12:9 - "My grace is sufficient for you, for My strength is made perfect in weakness." Like Apostle Paul, we can say, "Therefore most gladly I will boast in my infirmities, that the power of Christ may rest upon me."**

